EMUNAH - FAITH BULLETIN # 12

WHO IS THE WEALTHY ONE? THE ONE WHO IS HAPPY WITH HIS PORTION (PIRKE AVOT)

REBBE NACHMAN SAYS: SIMPLE EMUNAH FAITH IN HASHEM IS A GREAT THING

My dear brother: You must know that the holy faith (EMUNA KEDDOSHA) in the Creator Blessed be He is the foundation of JUDAISM and all the Mitzvot must bring the person to this level according to the verse (Psalms 119): "All Your Mitzvot are EMUNAH" And in this material life it is impossible to go through life without this EMUNA, for according to all the trials and sufferings and tribulations that come to a person daily at every hour, it is impossible to remain strong without faith. Therefore those who have no faith, G-d forbid, their lives are no life at all, for they are always lacking, and they find no contentment in what they have, for they always feel they lack something, and even if they have all the vain things this world has to offer, they will still feel they are lacking something. And this doesn't happen to he who has a clear and refined faith, who knows that everything happens according to the detailed supervision of the Creator Blessed Be He

And this person knows and believes that everything that the Creator Blessed Be He does is for Good (Berachot 60b) So whatever the person has or does not have is because the Creator Blessed Be He considers this to be the good thing for this person and then there is no room for depression or sadness. Fortunate the one who merits to believe in the Creator Blessed be He with simple faith, he will not be moved

"Internalize the understanding that when someone else has something, it does not detract even one iota from what you have. Everything that happens to a person is because of the tremendous wisdom of the Creator. Knowing this, you will have no reason to experience pain over the good fortune of anyone else. Ultimately, the only way you can appreciate what the Almighty has given you is to be entirely free from all forms of envy."

Mesilat Yesharim Chapter 11