



December 17, 1974

Rabbi Nachman Mandel
1129 Bayport Place
Far Rockaway, N.Y. 11691

Dear Rabbi Mandel:

Very glad to hear from you! We're always anxious to answer questions of concern to our "PLUS" customers.

All the nutrients in our Formula 250 are natural to primary-dried Torula yeast with the exception of calcium (carbonate) and magnesium (sea water) which are added. There are no animal derivatives. Formula 49 - beef gelatin is used in the coating of #49 and all our capsules. Formula 71 is uncoated. However the excipient is lactose (milk sugar). Formula 290 - no animal derivatives. Formula 92 - Lecithin derived from soy beans. Formula 184 - lactose excipient. Cal/mag, Formula 184 is perfectly safe without undesirable side effects at the potency and dosage you are consuming.

I hope this information is helpful. Looking forward to serving you again.

Very truly yours,


Gretchen Terlaak
Customer Representative

GJT/gt

cc: G. Chilson
file